

This is an official

CDC Health Advisory

Distributed via Health Alert Network

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Hepatitis A in a Food Handler Who Served Persons From Multiple States

The Centers for Disease Control and Prevention (CDC) has recently been notified that an employee of a single Jamba Juice store in San Jose, California was recently diagnosed with hepatitis A. The food service worker also assisted with the preparation of fresh fruit smoothies for distribution at the booth of an exhibitor (JumpSport) at the 43rd Annual USA Gymnastics (USAG) National Congress and Trade Show held in conjunction with the 2007 Gymnastics National Championships, in San Jose, California. Attendees at the trade show and gymnastics competition were from a number of states and have since returned home.

Because it is likely the employee followed good hand hygiene and food safety practices, the risk of exposure is small. However, persons exposed in the last 14 days can reduce their risk. Persons who may have been exposed include:

- Persons who ate or drank at the 1140 Lincoln Avenue San Jose, CA Jamba Juice on August 1-3, 6-9, 11, 13 and 15-16.
- Persons who drank fruit smoothies distributed from the JumpSport booth at the USAG trade show on August 16 and 17th.

People who have had a hepatitis A vaccine or have had the illness in the past, are protected from hepatitis A infection. CDC recommends that persons who are not protected and are **within 14 days of exposure** contact their medical provider or their state or local health department to receive a dose of single antigen hepatitis A vaccine or immune globulin (IG).

- Healthy persons between the ages of 12 months and 40 years can receive single antigen hepatitis A vaccine or IG.
- For persons over the age of 40 years, IG is preferred. Vaccine can be used if IG cannot be obtained.
- IG should be used for children under the age of 12 months, immune compromised persons, persons who have been diagnosed with chronic liver disease, and persons for whom vaccine is contraindicated.

In persons exposed more than 14 days ago, vaccine or IG treatment will not prevent the illness. Those persons should watch for symptoms of hepatitis A and practice good hygiene, including frequent hand washing with soap and water.

Hepatitis A is a liver disease caused by the hepatitis A virus. Symptoms usually occur abruptly and include fatigue, abdominal pain, loss of appetite, nausea, jaundice (yellowing of the skin or eyes), and diarrhea. Symptoms usually last less than two months; but some people may be ill for as long as six months. The average time from exposure to symptoms is 28 days, but can range from 15–50 days. Good personal hygiene, including frequent hand washing with soap and water is very important in preventing the spread of hepatitis A. If you experience symptoms, please contact your health care provider.

People seeking medical care related to possible exposure can contact Jamba Juice to learn about their reimbursement policy for related medical expenses and obtain a reimbursement form by calling 1-877-217-4780.

More information about hepatitis A is available at <http://www.cdc.gov/ncidod/diseases/hepatitis/> or by calling the CDC information line at 1-800-CDC-INFO (1-800-232-4636).

DHEC Contact Information for Reportable Diseases and Reporting Requirements

Reporting cases of Hepatitis A is consistent with South Carolina Law requiring the reporting of diseases and conditions to your state or local public health department. (State Law # 44-29-10 and Regulation # 61-20) as per the DHEC 2007 List of Reportable Conditions available at: <http://www.scdhec.net/hs/diseasecont/disease.htm>.

Federal HIPAA legislation allows disclosure of protected health information, without consent of the individual, to public health authorities to collect and receive such information for the purpose of preventing or controlling disease. (HIPAA 45 CFR §164.512).

Regional Public Health Offices – 2006-2007

Mail or call reports to the Epidemiology Office in each Public Health Region.

Region 1

Anderson, Oconee

220 McGee Road
Anderson, SC 29625
Phone: (864) 260-4358
Fax: (864) 260-5623
Nights / Weekends: 1-866-298-4442

Abbeville, Edgefield, Greenwood, Laurens, McCormick, Saluda

1736 S. Main Street
Greenwood, SC 29646
Phone: 1-888-218-5475
Fax: (864) 942-3690
Nights / Weekends: 1-800-420-1915

Region 2

Greenville, Pickens

PO Box 2507
200 University Ridge
Greenville, SC 29602-2507
Phone: (864) 282-4139
Fax: (864) 282-4373
Nights / Weekends: 1-800-993-1186

Cherokee, Spartanburg, Union

PO Box 4217
151 E. Wood Street
Spartanburg, SC 29305-4217
Phone: (864) 596-2227, x- 210
Fax: (864) 596-3443
Nights / Weekends: 1-800-993-1186

Region 3

Chester, Lancaster, York

PO Box 817
1833 Pageland Highway
Lancaster, SC 29721
Phone: (803) 286-9948
Fax: (803) 286-5418
Nights / Weekends: 1-866-867-3886

Region 3 (continued)

Fairfield, Lexington, Newberry, Richland

2000 Hampton Street
Columbia, SC 29204
Phone: (803) 576-2749
Fax: (803) 576-2993
Nights / Weekends: 1-888-554-9915

Region 4

Clarendon, Kershaw, Lee, Sumter

PO Box 1628
105 North Magnolia Street
Sumter, SC 29150
Phone: (803) 773-5511
Fax: (803) 775-9941
Nights/Weekends: 1-877-831-4647

Chesterfield, Darlington, Dillon, Florence, Marlboro, Marion

145 E. Cheves Street
Florence, SC 29506
Phone: (843) 661-4830
Fax: (843) 661-4859
Nights / Weekends: (843) 660-8145

Region 5

Bamberg, Calhoun, Orangeburg

PO Box 1126
1550 Carolina Avenue
Orangeburg, SC 29116
Phone: (803) 533-7199
Fax: (803) 533-7134
Nights / Weekends: (803) 954-8513

Aiken, Allendale, Barnwell

1680 Richland Avenue, W. Suite 40
Aiken, SC 29801
Phone: (803) 642-1618
Fax: (803) 643-8386
Nights / Weekends: (803) 827-8668 or
1-800-614-1519

Region 6

Georgetown, Horry, Williamsburg

2830 Oak Street
Conway, SC 29526-4560
Phone: (843) 365-3126, x-138 or x-174
Fax: (843) 365-3153
Nights / Weekends: (843) 381-6710

Region 7

Berkeley, Charleston, Dorchester

4050 Bridge View Drive, Suite 600
N. Charleston, SC 29405
Phone: (843) 746-3806
Fax: (843) 746-3851
Nights / Weekends: (843) 219-8470

Region 8

Beaufort, Colleton, Hampton, Jasper

219 S. Lemacks Street
Walterboro, SC 29488
Phone: (843) 549-1516, x-214
Fax: (843) 549-6845
Nights / Weekends: 1-800-614-4698

DHEC Bureau of Disease Control

Division of Acute Disease Epidemiology

1751 Calhoun Street
Box 101106
Columbia, SC 29211
Phone: (803) 898-0861
Fax: (803) 898-0897
Nights / Weekends: 1-888-847-0902



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Categories of Health Alert messages:

Health Alert conveys the highest level of importance; warrants immediate action or attention.

Health Advisory provides important information for a specific incident or situation; may not require immediate action.

Health Update provides updated information regarding an incident or situation; unlikely to require immediate action.